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MIDTERM MEETING 2026

24|25 OCTOBER 2026

AHMEDABAD



Basics In Pediatric Diabetes Workshop – Structure

24th October, 2026, 9.30 AM – 1:00 PM

Coordinators: Dr Anju Virmani, Dr Sirisha Kusuma B

Warm welcome to Ahmedabad!

Join us for a **highly interactive, hands-on learning experience** designed to cover all essential aspects of **pediatric diabetes care**. The workshop is thoughtfully divided into two engaging sections to maximize participation and practical understanding.

Section 1: Case-Based Interactive Learning (75 minutes)

- **Explore 24 real-life case scenarios covering:**
 - o Diagnosis
 - o Insulin therapy
 - o Monitoring (home & periodic)
 - o Medical Nutrition Therapy (MNT)
 - o Physical activity
 - o Acute emergencies
 - o Mental health
 - o Transition care and more
- **Session format:**
 - o First 24 registrants will each be assigned one case scenario
 - o Prepare a **1-minute response (1 slide)** in advance
 - o All scenarios shared beforehand for group familiarity
 - o Each case includes:
 - Scenario slide
 - Participant response
 - Faculty insights
 - o **Fast paced and engaging – 3 minutes per case**

Section 2: Hands-On Workstations (120 minutes)

Experience **practical learning** through **4 interactive workstations**

Workstations will cover practical aspects of:

1. Insulin
 - o Types, action profiles
 - o Insulin handling - storage, transport etc
 - o Insulin administration - syringes, pen, pump basics.
2. Blood glucose & other monitoring -
 - o Self Monitoring of Blood Glucose (SMBG)
 - o Continuous Glucose Monitor (CGM) - patterns, adjustments;
 - o Ketones
 - o Growth charts
 - o Screening for long term complications
3. Medical Nutrition Therapy -
 - o Balanced diet
 - o The Plate method
 - o Carbohydrate exchanges
 - o Carbohydrate counting
 - o Micronutrients
 - o Special days
4. Emergencies + miscellaneous
 - o Hypoglycemia
 - o Sick days
 - o Careers
 - o Marriage, etc.

25 minutes per workstation

Be part of an engaging and impactful learning journey!

Limited active participation slots available—register early!

